



## GET ON BOARD

**Learn to sail in four after-school sessions**

**Low cost and fun activity for 8 to 18 year olds**

### What

The OnBoard scheme was devised by the Royal Yachting Association (RYA) to introduce more young people to dinghy sailing. Northamptonshire-based Hollowell Sailing Club is an award-winning club and approved training centre offering schools, junior organisations and individual youngsters the chance to try sailing. On completion of the course RYA Stage 1 certificates are presented.

### When

4 consecutive Tuesday evenings 6-8pm in May or June either:  
25/4, 2/5, 9/5 and 16/5 or 6/6, 13/6, 20/6 and 27/6

### Where

Hollowell Sailing Club, in-between the villages of Hollowell and Guilsborough - NN6 8RN

### Cost

£50 covers 4 sessions, including all equipment and tuition. Wetsuits are not provided but buoyancy aids are supplied.

### Clothing

Wet suit ideally. Otherwise, warm lightweight clothes, old trainers, a windproof/waterproof jacket and a hat. It's important to bring a complete change of clothes and a towel, just in case. Full changing facilities are provided in the club house.

### Parents and Supervisors

Each child should be accompanied by a responsible adult who remains on site during the session. Adults are asked to help, where they can, to prepare, launch and retrieve dinghies. They are welcome to use the clubhouse facilities where hot drinks are available and there is a good view of the water to watch the training. For parents, a short on the water sailing taster can usually be arranged, as well as opportunities for taking photographs of their children sailing during one or more of the evenings.

### More info

Contact the course administrator Jenny Sturt ([jenny.sturt@btinternet.com](mailto:jenny.sturt@btinternet.com)).

### Book now

[http://www.hollowellsc.org.uk/wc\\_bookacourse.html](http://www.hollowellsc.org.uk/wc_bookacourse.html) and choose the 'Youth' option and then the relevant On-Board course. You can book and pay on-line.

