



## Adult Dinghy Courses 2017

### RYA Learn to sail



#### RYA Dinghy Level 1 START SAILING

**If you have never sailed before and want to learn then this is the course for you.** Run over two days our instructors will take you from the very basics up to being able to sail a single-handed or double handed dinghy. For the double handed course an instructor will be in the boat with you for the majority of the course. At the end of this course you should be able to sail a triangle 'under instruction' but often you will be able to do this on your own

#### RYA Dinghy Level 2 BASIC SKILLS

**The Level 2 course will give you the confidence to sail on your own** and introduce some new skills like man over board practice, coming alongside, and leaving/returning to shore under different wind directions.

#### RYA Dinghy Level 3 BETTER SAILING

Hone those skills learnt in Level 1 or Level 2 and try something new. At HSC this is a flexible course that improves your sailing and racing techniques and gives you an opportunity to try different boats, and have an introduction to new skills such as, rudderless sailing and sailing with spinnakers.

#### Course Dates for 2017

Sat/Sun 29 & 30 April

Sat/Sun 13 & 14 May

Sat 10 Jun, Sat 17 June

Sat 1 Jul, Sat 15 July

Sat/Sun 16 & 17 Sep

All courses last 2 days and cost £85 for members / £150 for non-members

Book online at: [www.hollowellsc.org.uk/wc\\_bookacourse.html](http://www.hollowellsc.org.uk/wc_bookacourse.html) or contact Andrea King at [andrea.r.king@gmail.com](mailto:andrea.r.king@gmail.com) or phone 01604 740670 for more information.