

# HOLLOWELL SAILING CLUB DEVELOPMENT PLAN 2018

## 1. TRAINING ACTIVITIES (SEE ALSO SUPPORTING YOUTH SAILING)

To be reviewed, updated and monitored by the Training committee. Last reviewed by Trg Committee Oct 2018.

### Objectives:

1. To continue to provide a full programme of fun and informative training.
2. To provide a greater range of training and support to increase participation in sailing and racing.
3. To increase the standard of club racing.

Current position	How the club plans to achieve the objectives
<p><b>Instructors:</b>                      1 Coach/Assessor                      8 senior instructors                      10 dinghy Instructors                      7 PBI                      10 Assistant instructors                      3 club race level 2 coaches</p> <p>On-Board and taster sessions run.                      Dedicated training centre with PC driven projector.</p> <p>For a listing of current training please see Training Programmes. Training courses are open to non-members, (subject to the availability of places).</p> <p>Adult Training fleet                      5 x Wayfarers, additional 1 for land drills                      1 x Bahia (asymmetric, centre main to fleet)                      2 x Hartley H12/2                      6 x Pico                      2 x Lasers (multiple rigs)</p>	<p><b><u>To consolidate our position:</u></b></p> <ol style="list-style-type: none"> <li>1. Maintain status as an RYA Recognised Training Centre.</li> <li>2. Offer high quality RYA Training to our members and people who want to learn to sail</li> <li>3. Maintain or increase the number of instructors by encouraging and by subsidising suitable members to attend courses run by the RYA East Midlands Region.</li> <li>4. Ensure that all instructors are child protection cleared (not just those who instruct children)</li> <li>5. Attract new members to the Club and the sport through Taster Sessions,</li> <li>6. Run an Assistant Instructors course, and include Junior Assistant Instructors.</li> <li>7. Train additional safety boat drivers and instructors where necessary.</li> <li>8. Encourage appropriate sailors to qualify as Club Race coaches (level 2 coaches).</li> <li>9. Support Fleet captains to organise fleet training and/or social events to increase participation in sailing and racing.</li> <li>10. Support sailors who have recently achieved level 1 /2 through mentoring or additional tuition.</li> <li>11. Run level 3 course, back on the Water, and GO SAILING days to increase participation</li> <li>12. Encourage further women instructors from AI through to SI.</li> </ol> <p><b><u>In 2019 to specifically :</u></b></p> <ol style="list-style-type: none"> <li>1. Increase number of Race Coaches</li> <li>2. Encourage more fleet training</li> <li>3. Train at least 1 more SI</li> <li>4. Target level 1 sailors to go onto level 2</li> </ol> <p><b><u>By 2020 to:</u></b></p> <ol style="list-style-type: none"> <li>1. Have trained appropriate members as instructors/Level 2 Club race coaches.</li> <li>2. Have an additional coach assessor trained.</li> <li>3. Consider swapping out older wooden boats for easier to maintain rotomolded boats</li> </ol>

## HOLLOWELL SAILING CLUB DEVELOPMENT PLAN 2018

### 2. YOUTH SAILING

To be reviewed, updated and monitored by the Training committee. Last reviewed by Trg Committee Oct 2018.

- Objectives:**
1. To introduce juniors, inside and outside of the Club, to the enjoyment of sailing and windsurfing as a life-long sport and activity
  2. To provide well supported teaching and coaching to junior sailors in a fun and safe environment
  3. To provide support and coaching opportunities for young sailors to sail competitively inside, and external to, HSC and to qualify for zone squads.

Current position	How the club plans to achieve the objective
<p>1994 Youth training established. Many club members have achieved National squad status in dinghies and sailboards and the Club has trained three National Champions and one Olympic Squad member. 2016/17 Ten youths in zone and transition squads.</p> <p><b>Event Highlights</b></p> <p>Junior summer sailing week for RYA dinghy sailing courses and windsurfing, is open to non-members. Over 40 young sailors attend this event each year.</p> <p>Junior RYA start sailing weekend courses are programmed. Two 'On-Board' sessions per annum for non-members.</p> <p>Regular Sunday morning training and coaching.</p> <p>Excellent links with NSSCA.</p> <p>Enthusiastic and appropriately trained youth leaders.</p> <p>Excellent parental support.</p> <p>Child Protection procedure is well established and maintained.</p> <p>More experienced youth sailors:</p> <ol style="list-style-type: none"> <li>a) Race in the P&amp;B water series</li> <li>b) Participate in Zone squad training and class specific national training</li> <li>c) Participate in club races.</li> <li>d) Involved in Team racing events at HSC and away.</li> </ol> <p>Range of modern club craft provided: 6 Picos, 8 RS Teras, 7 xOptimists, 8 centre mains Toppers, 2 Lasers (3 rig sizes), 1 RS Feva, 2x Hartley H12/2 A variety of windsurfing rigs. Taster events held on Tuesday evenings in May and June are well attended by Youth and community groups.</p>	<p><b>To consolidate:</b></p> <ol style="list-style-type: none"> <li>1. Maintain and increase the number of young sailors participating in Zone and National squads.</li> <li>2. Improve the sailing and racing of the juniors through programmed coaching and training sessions.</li> <li>3. Continue to offer to host class training days particularly for craft such as Toppers, Optimists and Lasers, including zone squad training.</li> <li>4. Maintain the quality of club owned youth craft (see under club craft) to encourage and provide alternative craft for young sailors to sail.</li> <li>5. Continue to support the links with NSSCA</li> <li>6. Recruit young sailors through tasters and junior start sailing, and through being a 'family friendly' club</li> <li>7. Maintain links with RYA Coaching and the RYA Development Officer</li> <li>8. Encourage young sailors to participate in club racing at HSC, and move into local and national events.</li> <li>9. Continue to provide coached races or race coaching for the first afternoon race.</li> <li>10. To support young sailors to compete in the P&amp;B Junior Series.</li> <li>11. Organise Junior Assistant Instructor courses</li> <li>12. Ensure that we make use of any RYA support available.</li> <li>13. Progress our Assistant Instructors to help on courses and then move on to becoming DI.</li> </ol> <p><b>In 2019:</b></p> <ol style="list-style-type: none"> <li>1. To purchase three more Toppers to replenish ageing boats (last Tranche)</li> <li>2. Encourage more youths to take part in sailing outside of the Club</li> <li>3. Encourage more youths to take part in BYSRJC</li> </ol> <p><b>By 2021 to:</b></p> <ol style="list-style-type: none"> <li>1. Encourage more club members to become involved in supporting youth training.</li> <li>2. Make links with other community groups interested in sailing and using the club facilities. e.g. Scouts, schools.</li> </ol>